

BURNS

Ensure safety - Assess airways first - Assess the severity of the burn - Assess other injuries

SIGNS & SYMPTOMS

Around the burnt area:

- pain, blistering, red to black marks

Significant burns:

Any of the following. Burns:

- deep in to the skin
- covering a large body area
- on face, hands, feet, genitalia, joints
- all the way around a limb or the chest
- inhalation - i.e. singed nasal hairs, and eyebrows, blackness around the nose and mouth, coughing, hoarse voice, breathing difficulty
- chemical and electrical
- in the very young or very old, or those with existing medical disorders

Other injuries:

- Look for other injuries e.g. fractures, bleeding
- Swelling of Airways
- Breathing difficulties
- Reduced responsiveness, reduced circulation, shock and poor vital signs
- Watch for cardiac arrest

SEVERE BURNS - CALL 000

Monitor - Be prepared for CPR
Move to water supply
Put on gloves

COOL TAP WATER

Lots of it, for at least 20 minutes

ELEVATE THE AREA

Remove rings and tight clothing
before swelling occurs.

COVER THE BURN

Loose, light non-stick dressing

TREAT OTHER INJURIES

Keep the casualty warm and at rest



* Hydrogel may be used if water is not available.

IN CASE OF FIRE ENSURE SAFETY

If on fire:.

Stop, drop, cover and roll.
Smother flames with a blanket.

Turn off power.
Move to a safe area.

Do not enter a burning
or toxic atmosphere.

Raise the alarm - Call for help.

Do not fight a fire unless
trained and safe to do so.

**Ensure Safety
for Self and Others**

**Dial Triple Zero (000)
for an Ambulance**

Water and hydrogel stop the
burning process.

DO NOT peel off stuck clothing.

DO NOT break blisters, apply
lotions, ointments, creams or
powders.

Use clean, dry, lint-free materials,
i.e. plastic wrap, handkerchief,
sheet or pillowcase.

**A trained person should provide
oxygen for smoke inhalation
and face burns.**

Cool bitumen burns with water for
30 minutes.

**For chemical burns,
consult the substance
container and the
SDS and call 000 and
the Poisons
Information Centre
131126**



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